



Co-funded by the
Erasmus+ Programme
of the European Union



Jump to Job!

(Duration: 11/2019-10/2022)

Project Overview

Main Objective & Project Webpage & Newsletters

Overarching: Increased employment among young people with disability (17 to 29 years)

Concrete: Training peer mentors (YPWD) and job coaches for young people with disabilities

=> Webpage

=> Good practice collection

=> Newsletters: 1 (April 2020) – 2 (May 2021) – 3 (December 2021 – 4 (July/October 2022)

Strategic Objectives & Specific Results

1. YPWD are more self-confident and have a more active approach to the job search;
2. Job Coaches and YPWD have a stronger, more fruitful relationship, supporting effective and sustainable job inclusion;
3. Job Coaches' training is more effective and takes into account the needs, inputs and insights from YPEW and is co-produced by them.
4. Enterprises/organisations can adapt their environment and their work processes and become (more) inclusive (i.e. ,change organisational culture, too), also to create a sustainable jobs for YPWD;

Intellectual Outputs: Main Deliverable

- **Curriculum for Peer Mentor and Job Coach for young people with disabilities**
 - Description of **programme, main contents and methodology**
 - **Strength and weaknesses** of programme and methodology based on replies/reports by peer mentors and job coaches
 - A **training course** designed, implemented and tested to enhance the participant's skills and to get better support for the transition into jobs/labour market inclusion of YPWD.
- Phases: 1) Needs analysis - 2) a) Training 1; b) Pilot training 1 YPWD; c) Assessment of training 1 - 3) a) Training 2; b) Pilot training 2 YPWD; c) Assessment of training 2 - 4) Final training course/curriculum

Intellectual Outputs: Other outputs

- **Protocol on Co-Production/Experience expertise and job coaching of young people with disabilities**
 - Experiential expertise/experience expertise: use of experiential knowledge by people who themselves live and work with a disability situation
 - Domains of experience workers in VET/job coaching/job mediation: 1) Peer support; 2) Advocacy work
 - Motto/guiding idea: “Nothing about us without us”
 - Building on input from 4 service providers from 4 countries
- **Environmental Impact Report**
- **Promotional Material for First Pilot Phase and Second Pilot Phase**

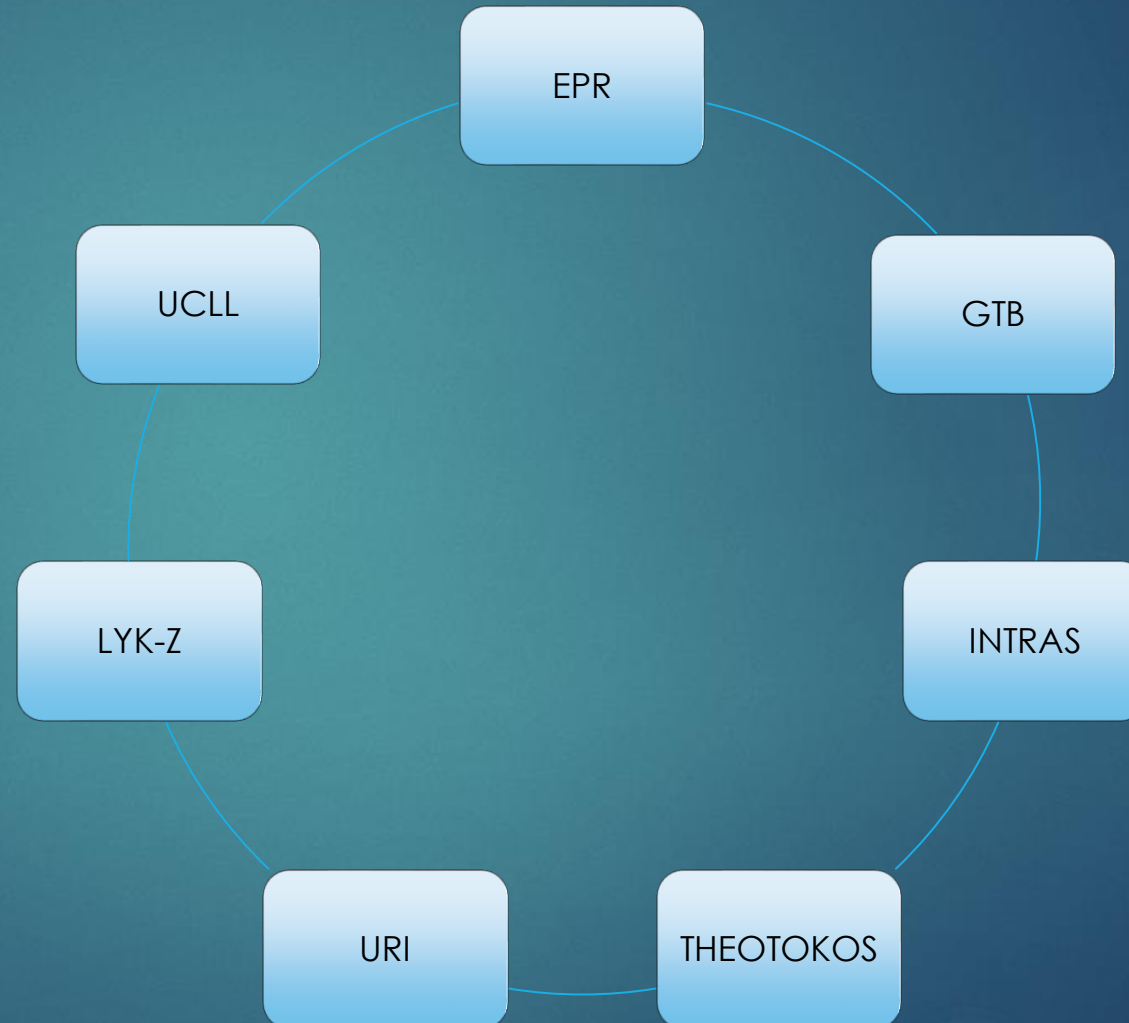
Partnership

7 organisations:

- 4 Service providers
- 1 University
- 1 Social enterprise
- 1 EU network

5 countries:

- Belgium (3 partners)
- Greece
- Norway
- Slovenia
- Spain



Participants

In the training phase to learn programme and methodology:

- 12 Job Coaches;
- 4 Peer Mentors.

During the field tests (in 2 phases):

- at least 8 other Job Coaches and Peer Mentors for each service provider (in total at least 32);
- at least 25 YPWD for each service provider partner (in total at least 100 YPWD).

Training and Dissemination Events

1st Training Event, Valladolid, Spain, 28-31 January 2020

Rolling out training course in Belgium, Greece, Slovenia and Spain (1)

2nd Training Event, Ilion, Greece, 4-7 October 2021

Rolling out training course in Belgium, Greece, Slovenia and Spain (2)

Multiplier Event, Brussels, 23 June 2022

National Dissemination Events in the 4 countries, June to October 2022

lyk-z & døtre as

- Social Entrepreneur
- Limited company since 2011
- Has developed the lyk-z methodology FROG
- Empowers youth to have an independent active future
- Long international experience with partnerships and projects





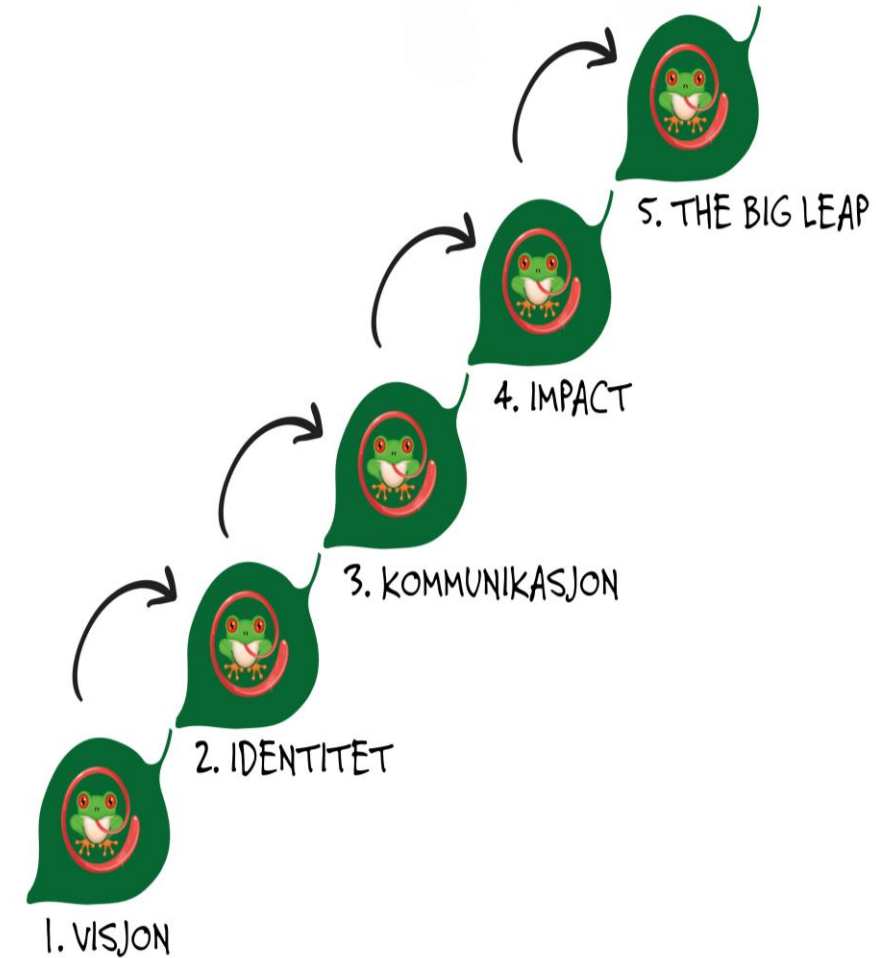
The challenge:

- 1 out of 4 drops out of school
- Increasing mental issues in children and adolescents
- Increasing numbers of young people on public financial support
- The queue of young people «on the outside» is getting longer...

The lyk-z methodology



- **Developed and well tested methodology** over several years
- The goal is to **empower young people to master life, to evoke a safe identity, mastery, vigour and happiness- to be independent and active**
- **Tailor made from well known and recognised theories** neuro physiology, leadership, cognitive principles communication and coaching
- **Methodical program, group process**
42 exercises and tools set in a special system
- **Focus** on the **healthy part** and their **unique resources** and to **grow the human potential.**



75%

success rate

Social economic value 2014-2017

Norway: 3,2 billion NK
/320.000 €

lyfz
& døre

