

# Happiness in the Workplace



***#Opportunity #Choice #Inclusion***

# Workplace Well-being

At induction

- Cedar Safe Working Practices
- Risk Assessment
- Workplace Well-being & Resilience
- Stress Awareness
- Assessment

# Workplace Well-being

Everyone's responsibility

- Social care roles are stressful
- Building resilience and capacity
- Organisational response
- Role of a Manager
- The individual



**INVESTORS IN PEOPLE™**  
We invest in people Platinum

**Family  
Friendly  
Employer  
Awards  
2018  
Winner**

