



## Services to people with disabilities in the mainstreaming environment in Europe

### EPR survey

The survey items are designed to gather information about services to people with disabilities in the mainstreaming environment offered by members of EPR. In this study we are interested in learning about programmes and good practices that support inclusion of persons with disabilities in the mainstreamed environment in any of the following areas: early intervention, education, vocational training and employment, housing services and social care. Please note that, for each of these areas, we are only looking for **practices that support inclusion**.

By 'mainstreamed environment' we mean the common society, that is, environments that are not segregated or targeted to special groups. A regular school, the open labour market or a community facility that is opened to the general public are examples of 'mainstreamed environments'.

If your organisation offers several of these programmes or services, please select the one you consider more innovative or most successful and complete the survey. If you would like to provide information about an additional programme/service you can also do it by completing another survey (maximum two programmes/ services).

There may be some items in the survey that are not applicable for the selected programme or service. In these instances, please indicate "not applicable".

Although the term "programme" is used in this survey, it can be replaced with "service" or "practice" in all occurrences.



## Organisational Information

**Name of the Organisation: Adelante**

**Country where the organization is located: Netherlands**

**Title of the Programme/Service/practice: Training towards community based living**

**Contact Information (Include the name and relevant contact data for the primary contact person who can provide technical expertise regarding this Programme):**

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Study Criteria	Description of the Study Criteria
<b>I. Programme Information</b>	
<b>I (a) Goal of the Programme/service</b>	The goal of the transition program is to support youth between the ages of 16 and 23 who are on their way to independent living.
<b>I (b) Outcome Measures of the Programme</b>	Community based independent living
<b>I (c) Theory used for the Programme</b>	The program is based on a method that is developed on the National level by an organization that aims at promoting independent living for people with a disability (Dichterbij Zo Wonen) and the method is called "Op eigen benen" (on your own legs) meaning becoming independent.
<b>I (d) Year Programme was initiated and milestones in development</b>	The program started between 2007 and 2009.
<b>I (e) Staffing patterns of the Programme</b>	Most of the staff are socio educational trainers (7,68 fulltime equivalent (but all staff members work part-time)
<b>I (f) Physical location of the Programme</b>	The independent living training center is in the city center of Heerlen. There are limited numbers of apartments where the youth are more on their own as the last phase in the training program.
<b>II. Client Information</b>	
<b>II (a) Targeted clients admitted</b>	Youth between 16 - 23 years of age, from any school level and eligible as long as they are capable of following the training program. Both male and female are eligible. Most youth have physical disabilities.
<b>II (b) Number of clients currently in the Programme</b>	There are approximately 15 youth enrolled in the independent living program at any one time.
<b>II (d) Involvement of the Family members</b>	The family is involved in the program but not as much as in the regular rehabilitation training program because the goal of the program is to support the youth on their way to independent living.
<b>III. Programme Activities, Services and Intervention</b>	



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<b>III (a) Activities during the Programme targeted to the clients</b>	
<b>III (a) Activities during the Programme targeted to the clients</b>	Independent living, financial planning, organizing their daily routine, taking care of their medications are examples if the activities that are included in the program.
<b>III (b) Activities involving the family members</b>	Since the program is targeted for independent living for the youth, there no specific activities for family members.
<b>III (c) Activities involving community partners</b>	The community members are not involved in the independent living program.
<b>III (d) Activities targeting community partners</b>	The apartments are located in the city center and clients participate in everyday live. There are no concrete targets formulated in relation with community partners, but community is constantly confronted with the clients in the program
<b>IV. Public Authority/Legislative Information</b>	
<b>IV (a) Legal Basis for the Programme</b>	The program is part of healthcare system and social welfare program.
<b>IV (b) Funding base</b>	Program is partly paid for by health insurance and partly by municipalities.
<b>V. Programme Directions</b>	
<b>V (a) Challenges with the Programme</b>	Since there are more and more youth who want to be included in the program we have to expand. In the near future more training centers will be opened in other parts of the region. In this way youth with disabilities are able to be closer to the place they used to live and closer to their social network.
<b>V (b) Opportunities with the Programme</b>	Expanding the services to other cities and regions.
<b>V (c) Suggestions for strengthening the Programme</b>	Start small on build on your success
<b>V (d) Additional Programme comments</b>	-

